## **Baldock & District Canoe Club**



### **Health & Safety Policy**

The health, safety and welfare of members and others who may be affected by the activities of Baldock & District Canoe Club (BDCC) are of paramount importance to the Club. Whilst the Club is not covered by the Health and Safety at Work Act 1974, it is committed to complying with its requirements.

Health, safety and welfare are matters that concern all who take responsibility for the Club's activities: the Committee, coaches, organisers of events and those who lead paddling activities. BDCC will undertake regular reviews of policy, prepare risk assessments as necessary, provide adequate information on and supervision of its activities and provide appropriate training to:

- Ensure that this Health & Safety Policy is pursued throughout the organisation;
- Ensure that all paddling is undertaken with due regard to the health and safety of those partaking, whilst noting that an element of risk is inherent in the sport;
- Take reasonably practicable measures to ensure a safe, healthy and secure environment for all activities that are undertaken;
- Continually review and improve health and safety procedures.

Whilst Committee members and others have specific responsibilities, maintaining a safe, healthy and secure operating environment requires the assistance of all Club members. BDCC expects all members to:

- Co-operate in implementing the Health & Safety Policy;
- Exercise reasonable care both for their own health and safety and for that of others who may be affected by their acts or omissions.

#### **Pool Sessions**

The Committee of BDCC takes an active interest in health, safety and welfare and is fully committed to safeguarding the well being of its members. It has drawn up the following rules for pool sessions:

- The number of paddlers on the water during pool sessions will be actively monitored and may be reduced to promote the safety and wellbeing of all;
- Swimming is not permitted unless as the result of a capsize;
- Coaches and volunteers actively supporting other paddlers are permitted to enter the water in the shallow end close to the lifeguard's station;
- Outdoor shoes must not be worn by the pool-side, unless covered by overshoes;
- Buoyancy aids and helmets must be worn by all paddlers participating in polo games and practise sessions;
- Aggressive paddling or that which could threaten the safety of other pool users is not permitted;
- All club and personal boats used in the pool must be suitable for use and washed to remove dirt and debris prior to being brought onto the pool-side;
- Boats must only be launched from the sloped 'beach' area to prevent damage to the poolside.

Anyone found breaking these rules may be asked to leave the pool.

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## **Health & Safety Policy**

#### **Additional Guidance**

Appendix B - Qualifications & Training

To be completed

Appendix C – Policy Revisions

Original v1.0 March 2011 D. Jones

